## How to apply hand sanitiser

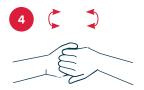




Rub hands palm to palm



Fingers interlaced, rub palm to palm and then right palm to back of left hand and vice versa



Cusp back of fingers into opposing palm and rub side to side



Clasp right hand around left thumb and rub thumb in rotational manner and vice versa



Rotational rubbing, backwards and forwards by placing fingertips of right hand in left palm and vice versa



Once dry, the sanitisation process is complete



Duration of the entire procedure is about 20-30 sec



